

RAJIV GANDHI GOVT. COLLEGE FOR WOMEN, BHIWANI

LESSON PLAN 2022-23

Class: B.A. Ist (2nd sem.)

Name of Paper: Social Psy.

Name of Practical: Social Psy. Practical

Name of Teacher: MUKESH And PINKI

Month	Week	Theory	Practical
March	Week 4th	Introduction to Social Psy. History of social Psy.	Aggression Scale
	Week 5th	Level of Social Behavior. Unit test.	- do -
April	Week 1st	Approaches towards Understanding Social behaviour.	Leadership styles
	Week 2nd	Individual level Process: Socialization: Meaning, Agencies.	- do -
	Week 3rd	Person Perception- Attribution theories, Biases and Error	Prejudice Scale
	Week 4th	Attitude: Formation, changes Resistance to change	- do -
May	Week 1st	Assignment. And Unit test Introduction:- Interpersonal Process	Altruism Scale
	Week 2nd	Interpersonal Attraction Prosocial Behaviour	- do -
	Week 3rd	Aggression: nature, types and Associated factors.	Observation Test
	Week 4th	Introduction:- Group dynamic Nature and definition of Group	- do -
June	Week 1st	Groups:- Key Aspects, cooperation and conflict, Group Decision Making	Discussion for Practical viva
	Week 2nd	Unit. Test. Leadership: Meaning, Need,	- do -
	Week 3rd	Types of Leadership. characteristics of a Leader	- do -
	Week 4th	Class discussion	

Mukesh
Pinki

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LESSON PLAN 2022-23

Class: B.A. IInd (4th Sem)

Name of Paper: Statistical Methods and Psychological Research

Name of Practical: Psychological Practical

Name of Teacher: MANJEET BAINI WAL And PINKI

Month	Week	Theory	Practical
March	Week 4 th	Introduction :- Scale of Measurement,	- Observation Method
	Week 5 th	Frequency Distribution, Graphical Representation of Data,	- do -
April	Week 1 st	Unit test. Data - Analysis :- Measures of Central tendency	- Survey Method
	Week 2 nd	Mean Median Mode] → Properties and computation	- do -
	Week 3 rd	Standard Deviation :- Properties and computation.	- Variability
	Week 4 th	Correlation :- Pearson Method Unit test	- do -
May	Week 1 st	Assignment and - Presentation	Reliability
	Week 2 nd	Psychological testing Nature :- Psychological testing	- do -
	Week 3 rd	characteristics of test. Reliability	Data Entry by (Excel/SPSS)
	Week 4 th	Validity, Properties of Normal Probability Curve (NPC)	- do -
June	Week 1 st	Class - Discussion	Discussion for Practical Viva
	Week 2 nd	Norms Standardization	- do -
	Week 3 rd	Types of tests. Qualitative Methods: Interview	- do -
	Week 4 th	Observation, case study.	

Manjeet

Pinki

RAJIV GANDHI GOVT. COLLEGE FOR WOMEN, BHIWANI
LESSON PLAN 2022-23

Class: B.A. III 6th sem

Name of Paper: Applied Psychology

Name of Practical: PSYCHOLOGY PRACTICAL

Name of Teacher: ANIL And MANJEET BAINIWAL

Month	Week	Theory	Practical
March	Week 4th	Applied Psy.:- Meaning Fields of Applied Psy.	Stress scale
	Week 5th	History of Applied Psy. careers in Psychology.	- Do -
April	Week 1st	Organizational Psy: Nature Scope, objective,	- Job satisfaction
	Week 2nd	Development of Organization Psy, Unit test.	- do -
	Week 3rd	Guidance:- Objective, Principles, types of guidance, organization of guidance programme.	- Adjustment Inventory
	Week 4th	Counselling: Need Principles, special areas, and types of counselling	- do -
May	Week 1st	Assignment and Unit test Health Psy: Meaning, Scope, Objective	- Interest Inventory
	Week 2nd	Concept of health and illness Psychological factor in physical illness	- Do -
	Week 3rd	Life style and health, stress and coping.	- Aptitude scale
	Week 4th	Class Discussion. Forensic Psy, - Psychology and law	- do -
June	Week 1st	Eyewitness Memory - Accuracy and Improvement.	- Discussion for practical using
	Week 2nd	Statistics:- Meaning. Rand Difference Method	- do -
	Week 3rd	Product moment Method.	- do -
	Week 4th	Class Discussion.	

Manjeet

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LESSON PLAN 2022-23

Class: B.Sc. 4th Sem

Name of Paper: Personality Development.

Name of Practical:

Name of Teacher: MUKESH KUMAR

Month	Week	Theory	Practical
March	Week 4th	Introduction to Personality Development. Concept of Personality	
	Week 5th	Dimensions of Personality Theories of Freud & Erickson	
April	Week 1st	Significance of Personality Development. The concept of success and failure.	
	Week 2nd	What's success? Hurdles in achieving success	
	Week 3rd	Overcome Hurdles. Related factors Attitude motivation. Concept. D/f factors, Positive Negative Attitude	
	Week 4th	Concept of Motivation - Internal & External, Importance of self motivation factors leading to de-motivation.	
May	Week 1st	Self esteem - concept of self esteem Symptoms Positive - self esteem - low self esteem - symptoms	
	Week 2nd	Personality having low self esteem Interpersonal Relationship.	
	Week 3rd	Defining the Difference b/w Aggressive, submissive and Assertive Behaviour.	
	Week 4th	Assignment and Unit test. Aspect of personality development Body language, Problem solving	
June	Week 1st	Conflict and stress Management Decision-Making skill, Leadership	
	Week 2nd	Qualities of leader characteristics of team work, Time Management	
	Week 3rd	Work ethics, Good manners and etiquette.	
	Week 4th	Unit test Class Discussion.	

Mukesh Kumar